

PRINCIPALS REPORT

Throughout the term teachers have worked hard to ensure all students receive the best possible start to the school year and acquire the knowledge and develop the skills needed to be successful in 2022.

As I wander around the school I observe the high level of engagement with learning, the mutual respect between staff and students and the positive tone of the school; Casterton Secondary College is indeed a wonderful place to learn.

GD Athletics

Staff of Casterton Secondary College are delighted with the way students supported, participated and behaved at the GD Athletics day. Thank you to the students, staff, parents and other volunteers for their support in setting up for the day, adjudicating events and cleaning up. Without your support these events would not be the success they are.

Particular thanks must go to Mr Joey McArlein for his organisation and leadership of such a large and important event.

As you are no doubt aware, Friday 25 March marked the 18th and final time that CSC hosted the Glenelg District Athletics Day.

I'm proud of how our small school and the local community have worked together over the years and words cannot describe how the efforts of so few, (staff/students/volunteers) resulted in an event that has been the pride of both our school and the local community.

Whilst I acknowledge the work of previous contributors, I want to focus on the work of those over the last 12 years. Thanks to Jeff Goodwin for his help transporting and returning equipment.

Sport's Coordinators, Carina Barton (past) and Joey McArlein (current) are to be congratulated for the amount of time they spent planning the day, preparing staff etc. and for their leadership on the day. Their encouragement and high level of support has been appreciated by everyone involved with GD Athletics days.

I also acknowledge and thank John Webb for the support he has provided (and continues to provide) to all sport's coordinators, past and present.

On behalf of the school community, thank you to every person who has contributed, over the years, to a special day.

College Council members

On behalf of the college community, I welcome new parent member Pete Hutchins who will join a highly respected team that works proactively and collaboratively to improve student outcomes at Casterton Secondary College.

Parents: *Leanne Munro (President), Jeff Black (Vice President), Bronwyn Munro, and Pete Hutchins*

Student: *Oscar Davis*

Community: *Mark Davis*

DET: *Meridith Walker, John Webb, Jo McKenzie*

Schools Mental Health Fund and Menu

In October 2021, the Victorian Government launched the Schools Mental Health Fund and Menu to ensure schools had the resources to support your children's mental health and wellbeing.

Whilst Casterton Secondary College has used the funds to support a whole-school approach to wellbeing through educating staff, parents and students, the main component of the program is focused on Year 7 and Year 8 students. The programs offered are:

1. The Year 8 Healthy Minds program provides students with 'preventative psychology' training to prevent and reduce the risk of symptoms of anxiety, depression and eating disorders, while also building wellbeing and resilience. Included in the program are:
 - a combination of face-to-face visits and remote delivery
 - a whole day staff training workshop on Tuesday April 26th (pupil free day)
 - Parent information evening – Seven Secrets to a Healthy Mind (date to be confirmed)
 - Year 8 term-long program
 - Student workbooks
 - Weekly parent modules so parents can follow along with the core content
2. The Year 7 eSmart Digital Licence program is an initiative of the Alannah and Madeline Foundation that aims to reduce harms to student wellbeing, mental health, education and relationships associated with bullying, by preventing and responding to incidents of bullying and cyber bullying, creating a culture of smart, safe and responsible use of technology, and encouraging and fostering the development of pro-social behaviour across the school community.
 - The eSmart Digital Licence program is a gamified learning experience to build digital intelligence.

Mental Health Practitioner Program

CSC received funds to employ a part-time qualified mental health practitioner. Unfortunately, despite advertising three times we have been unsuccessful.

Following conversations with the WSW Mental Health Coordinator I applied for MHP Alternative use of funding late last year and was informed that the plan had been approved.

Plan: The funds be used to provide an activity (free to students) that will support student mental health and wellbeing through socialisation, team work, trust building and connection that is inclusive of all students and adapted to meet the needs of each year level. All Year 7-11 students will attend a single day program at the Noorla Yo-Long Outdoor Adventure site which will be designed to meet the needs of each age group.

The funds will support a Year 12 program in Term 2. This will address positive thinking, self-confidence, self-esteem, motivation, resilience and decision making.

Our Year 11 students have already been and the feedback from staff and students has been positive. At the time this newsletter is published our Year 10 students will also have attended.

The term has been extremely busy where all staff have been focused on improving student outcomes.

On behalf of staff, I wish everyone a happy Easter and a safe holiday.

Meridith

PARENT/CARER, STUDENT, TEACHER INTERVIEWS

Thursday April 7 3:45 – 6:30pm

To continue developing the partnership between parents / carers, students and staff, we are strongly encouraging students to accompany their parents / carers to our first round of interviews with staff scheduled for Thursday April 7.

General procedures

- Interviews will be conducted from 3:45 – 6:30pm.
- *Students received a booking sheet on Monday March 28.*
- *Interim reports can be collected from the front office from 1:00pm on Thursday April 7 prior to attending the interviews.*
- The interviews will be 5 minutes duration.
- Staff may make a double booking for multiple students in one family or if there are particular concerns.
- All staff will stay until 6:30pm.
- Completed staff booking sheets will be displayed on doors or windows of interview rooms.

Specific Covid procedures

- All attendees must use the school's sign-in/sign-out procedures located at the front office.
- In Victorian government schools, *parents, carers and other adult visitors* (excluding students who visit a school to complete a secondary school subject) who enter school buildings *must be able to show evidence of two doses of COVID-19 vaccine or have a valid medical exception.*
- Parent-teacher information sessions and interviews must have density limits and physical distancing of 1.5m.
- Visitors to school grounds must comply with physical distancing and use the hand sanitisers which will be available in each room.
- The interviews will be held in both the top and bottom wings of the main building to maximise physical distancing.

We hope parents / carers and students take the opportunity to attend and gain valuable feedback from staff and plan strategies for continued success or necessary improvement.

J. Webb
Assistant Principal



connecting & communicating with your young person: parent / carer webinar

headspace National in conjunction with Casterton Secondary College are presenting a webinar for parents and carers of young people.

Information presented will cover:

- Understanding your young person, and recognising mental health difficulties.
- Managing the challenges of parenting young people today.
- Having better conversations with your young person.
- Connecting your young person with the right help and support.

The webinar will consist of a presentation on mental health, with a focus on noticing mental health difficulties in young people and supporting them to open up and communicate with you about their challenges, in order to seek help if needed.

When: Wednesday 6th April at 7:00pm
Where: online via zoom

How do I register?

[Click here](#) to register via Eventbrite, or copy the following URL into your web browser:
<https://www.eventbrite.com.au/e/casterton-secondary-college-parentcarer-webinar-communicating-with-youth-registration-300233244717>

After you have registered, you will receive an email confirmation from Eventbrite which will include the Zoom meeting link to access the webinar. Please note this webinar will not be recorded.

All those who register will receive a digital information pack, after the webinar, that includes key messages as well as links to resources & support services.

Contact

For more information email:
programmsupport@headspace.org.au


headspace National Youth Mental Health Foundation is funded by the Australian Government Department of Health.

Enhance Work Experience
 Making work experience worth experiencing

ARE YOU THE PARENT/GUARDIAN OF A YEAR 10 STUDENT ABOUT TO GO ON WORK EXPERIENCE?

Looking for options and support to enhance work experience for your teen?

Scan the QR Code or follow the webinar link to learn more...



https://us02web.zoom.us/j/zoom/2E127YK3jLWszx45Y2_3Mx0GUCry48R77HAME7Tt0C9vCQcWPhm1L1j6yuo0NEVW8

For more information contact: Marg Wagner
 Project Coordinator
marg@gsgllen.org.au
 0490 290 304



*This program received grant funding from the Australian Government's National Careers Institute and is proudly coordinated by the GSGLEEN

LIVE 4 LIFE

Sarah Moss

On the 10th of March, the Casterton Live4Life crew travelled to Portland to take part in their first induction day.

The crew participated in numerous team building activities and games throughout the day. They also worked with the crews from other schools within the Glenelg Shire to plan for their upcoming combined launch in May.



B- Abbey Munro, Sarah Camilleri, Phoebe Carlin, Ricky Kaliebe, Emily Eastman, Georgia Taylor

M- Riley Hornibrook, Ivy Lane, Matilda Thomson, Zoe Betinsky

F- Jedd Rhook, Riley Hutchins, Dylan Munro



Farewell to Mr Thompson.

Steve Rathmell



Mr Thompson pictured with the Year 8 Product Design Technology students

Over the last six weeks, Casterton Secondary College has been the workplace of a very industrious and dedicated student teacher. Mr Jack Thompson has been working with year 8, 10 and 11 students in Product Design & Technology classes. He has also been turning his hand to cooking with our year 10 Food Studies students as well.

Mr Thompson has proven to be a great educator and quickly established himself at the College during his final teaching round as a part of his teacher education course at Charles Sturt University. He is a very capable teacher who has ensured the success of learning within the practical subjects at the College. Students will miss his calm and patient approach to working and his knowledge of manufacturing techniques such as welding.

Mr Thompson has been an asset to the College and has fulfilled all requirements set as part of his initial teacher training course.

We wish him well for the future and are confident that he will enjoy his career in a rewarding role as a professional educator.

Jack is planning to stay in the area for the year and has jumped in to playing footy and sharing his leadership skills with the club.



SCIENCE, Year 11.

Brett VanAs

Exciting things are always happening in the Science classes

In Y12 Biology we have been studying DNA manipulation techniques and applications.

Thanks to the Gene Technology Access Centre, who generously supplied the starting materials, students have been able to make a transgenic organism.

In the experiment students transformed *E. coli* bacteria with a recombinant plasmid. The recombinant plasmid carried DNA from 3 different organisms – another *E. coli* bacteria, a gene from the Hepatitis B virus and a green fluorescent protein gene from sea jellies. The viral gene makes a surface protein that is used to produce vaccines, while the sea jelly protein glows under UV light and acts as a signal that the plasmid has been taken into our original bacteria.



DEBATE CLUB.

Jal Nicholl

First Debate

Wednesday March 16th: Casterton students faced off against MacRobertson Girls College and Manor Lakes Secondary College for the inaugural match-up of the Victorian Debaters' Association Schools Contest. Students involved were Sarah Camilleri, Amy Crauford and Zoe Betinsky in Year 10, and Rankin Cleary, Emily Eastman and Georgia Taylor in Year 9.

The Year 10 topic was 'That we should boycott sporting competitions in countries with a poor human rights record', and the year 9 topic 'That advertising by gambling companies should be banned in sports'. Our debaters, with no previous experience in formal debating, made an earnest effort and came close to a win in both debates.

The debate series continues on April 6th, and we have plenty of useful feedback to incorporate in our preparations.



Zoe Betinsky, Sarah Camilleri, Amy Crauford.



Georgia Taylor, Rankin Cleary, Emily Eastman

STUDENT COUNCIL

Sarah Moss

We are pleased to announce the Casterton Secondary College Student Council for 2022. The Student Council have many bright ideas for the school and are looking forward to working with the school captains to create an engaging and successful year at Casterton Secondary College.

The Student Council members are as follows -

Year 8

Feba Thankam Shiju, Mylie Ireland

Year 9

Genevieve Sellers

Year 10

Zoe Betinsky, Abbey Munro

Year 11

Oscar Davis, Makayla Hutchins

P: 03 55811 588

facebook.com/castertonsecondarycollege

Term 1 visitors



Early morning visitor



ABOVE- Lucky these workers are not scared of heights as they lop off a dangerous limb

Greater Western Regional Swimming.

Joey McArlein

On Friday 18th of March, Riley Munro and Phoenix Lykke made their way to Horsham to represent CSC in the Regional Swimming.

Both boys did a fantastic job in a tough competition, with medal-worthy performances shown in their results:

Riley Munro

- 1st 50m Backstroke
- 3rd 100m Freestyle

Phoenix Lykke

- 2nd 50m Breaststroke
- 2nd 50m Freestyle

This is an awesome feat by our small school, holding a very high strike rate of success!

Well done again Phoenix and Riley, CSC is very proud!

A special congratulations to Riley for qualifying for the State Swimming event on the 28th of April, in term 2.

P: 03 55811 588



Riley Munro & Phoenix Lykke

facebook.com/castertonsecondarycollege

HOUSE ATHLETICS.

Joey McArlein

On the 12th of March Casterton Secondary College had the Annual Interhouse Athletics Carnival. After having to postpone the previous Friday, the weather produced the goods for what was a magnificent day at Island Park. The customary fight between three houses was a stunning sight with great participation from all students throughout the day. As usual, the students were giving their all throughout the day and at the conclusion, the age group champions are:

13y Girls: Makayla Rees

15y Boys: Dylan Munro

13y Boys: Nate Longhurst

16y Girls: Madeline Patton

14y Girls: Kirby Vise

16y Boys: Sid Herbert

14y Boys: Archie Lane

17-21y Girls: Marissa Jamieson

15y Girls: Indi Longhurst

17-21y Boys: Riley Munro

The overall house points at the end of the house athletics finished as:

3rd: Wannon: 1042

2nd: Glenelg: 1090

1st: Muntham 1416

A big congratulations to Muntham and their competitors as well as the overall age group champions!

This event is a massive effort that needs many thanks handed out to willing staff, student helpers and enthusiastic volunteers who make a day like this both efficient and enjoyable for all involved!





Age- group champions

Muntham overall House winners

GD SPORTS DAY- Last one to be held at Island Park.

Joey McArlein

For the last time, Casterton Secondary College hosted the Glenelg District Athletics Carnival, on Friday March 25th.

The day was a success with Island Park filled with cheers of support from all eight schools. Casterton students participated with sheer desire to win and great sportsmanship. Those who weren't participating, provided support to fellow students competing and to staff on all events. Congratulations to Dylan Munro and Riley Munro who took out their age group champion for the 15-year Boys and 17-year Boys respectively. A big thank you goes to the staff and students of Casterton Secondary College and a massive thank you to all the volunteers who took time out of their busy schedules to help at the athletics. Without these people the day would not go ahead as smoothly as it does.

The overall winner of the grand aggregate was Hamilton College, taking it home with a small margin over Monivae College.

As previously mentioned, this is the last year that Casterton will be hosting the GD Athletics, as an organiser of this event in previous years, I would like to thank all previous Sports coordinators: Fiona Taylor, Patrick Jenes, and Carina Barton. Such a well-established program allowed me to refine such a process rather than create it from scratch.

A very special thank you goes to the volunteers from the past 18 years that have been giving up their time, year in and year out. This has always been appreciated and is the reason we have been able to host this event so successfully. Once again, Thanks

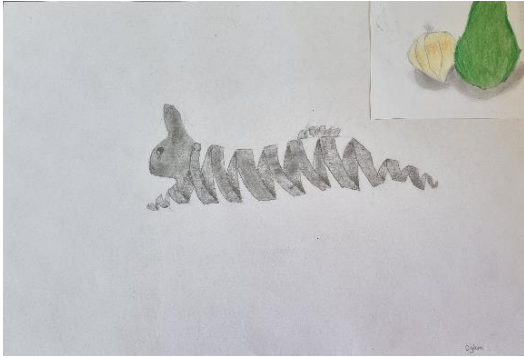
Joey McArlein

Sports Coordinator



ART-Ribbon drawings- Year 9.

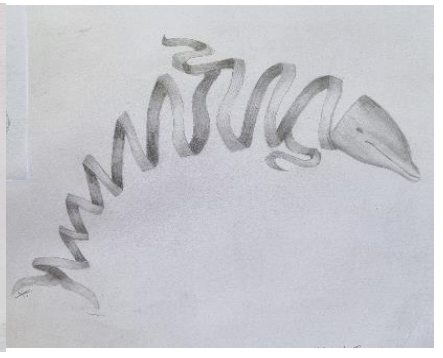
Faith Roper



Dylan Munro-Y9



Emily Eastman-Y9



Matilda Thompson-Y9



Kira Charlton-Y9



Lily Constantine-Y9

The year 9 students had their thinking skills challenged when they explored realism drawing techniques. Students looked at how tone can be used to indicate a 3D form when drawing a shaded ribbon wrapped around an invisible shape. They then were required to choose an animal, study it in detail and explore ways of representing the animals' surface textures. Consideration had to be given to the change in texture according to where it was placed on the body. Visualising skills came into play when they were tasked with drawing the animal on a ribbon. After completing this, they were handed their drawing from the beginning of the semester and were able to see how much their skills had improved.



Rachel Townend-Y9



7 - 9 APRIL 2022

**MELBOURNE CONVENTION
& EXHIBITION CENTRE**

Rare opportunity for students considering a pathway to the Auto Industry

The Australian Automotive Aftermarket Expo and Collision Repair Expo will be held at the Melbourne Convention & Exhibition Centre, 1 Clarendon Street Southbank from Thursday 7- Saturday 9 April 2022

Hosted by the Australian Automotive Aftermarket Association, more than 250 companies will highlight new products and services over 16,500 square metres. The stunning feature includes the **Workshop of the Future Pavilion** which includes a display of state-of-the-art equipment and technology as well as regular presentations from industry experts.

Working within the automotive industry is fast-paced and an exciting career choice, with over 17 million cars and motorcycles registered in Australia that all need to be serviced and repaired. The automotive industry is currently on the road to a more environmentally friendly future and technological innovation will be a crucial feature as cars continue to evolve to meet the needs of a low carbon economy.

On Saturday 9 April only, the Expo will be open for the first time to school students.

Free Tickets will be available at the ticket box to students simply by your students scanning a QR code at the Expo entrance

What: Australian Auto Aftermarket Expo and Collision Repair Expo

Where: Melbourne Convention and Exhibition Centre

When: Saturday 9 April 2022 10am – 4pm

Access: Student scan a QR code at entrance of Expo. All students must be double vaccinated and will also scan the government QR code on entry.

For further information please email autoadmin@iecgroupp.com.au

We look forward to meeting your students who are considering a career in the Australian automotive industry at the Expo.

HOLIDAY FUN and its FREE!!!

TAKE ADVANTAGE OF THIS FREE ENTERTAINMENT IN OUR OWN AREA



**FREE
KAYAKING
8 - 25 yrs!**

**Ess Lagoon
School Holidays
Tuesday 12th April 2022
From 10am -1pm
Limited Numbers!
Bookings are essential!
Call Lucinda @ CMH 5554-2555**



GLENELG SHIRE

BOOK NOW !

COMMUNITY NEWS-

Turn off the heat - Winter Appeal

With the rise of fuel prices, groceries and the looming flu season, generous Glenelg Shire residents are being asked to help vulnerable older people keep warm and connected this winter.

To launch this year's Winter Warmth Appeal, United Way Glenelg is asking the community to turn off all forms of heating on Friday 4 April from 8:00pm - midnight to highlight the ongoing effort many elderly people face to keep warm every night during the colder months of the year.

The appeal ensures that older people who have to choose or limit the use of heating, food, and electricity, can stay warm and well throughout the colder months.

Now in its third year, United Way Glenelg's goal is to deliver 200 care packages to the doors of older people.

Nicole Carr, United Way Glenelg executive officer is just one person who will spend the evening only using a blanket and a hot chocolate to keep warm.

"Winter often places additional pressures on households, especially vulnerable older people," she said.

"Giving the community the chance to create a lived experience albeit for a short period of time, generates an understanding of the struggles facing many living in the Glenelg District," Ms. Carr said.

"We're encouraging students, service clubs, CEOs, in fact everyone in the community to get behind the appeal. All we're asking for is a donation of \$10 per person or you go to our appeals page and specifically select how you wish to give the gift of warmth."

"As an added incentive any donation made during the launch will be matched up to \$10,000 thanks to United Way Glenelg's Lewis Court Fund," concluded Ms. Carr.

United Way Glenelg will keep the community informed of the progress of the launch with live updates throughout the evening on both Facebook and Instagram.

Donations can be made by going to the winter appeal campaign page <https://www.unitedwayglenelg.com.au/give-the-gift-of-warmth/winter-appeal> or scan the QR code.

Each package is valued at \$100 and contains basic food, toiletries, reading material, an activity, grocery voucher, blanket, and socks. A new addition to the packages will be a local coffee card, enabling older people to come together and connect during the long days.



wellways

MENTAL HEALTH & WELLBEING HUB

Let us help, have a chat, reconnect, find services.

Pop in Weds 10.30am -12.30am

130 Lonsdale St
Hamilton
Or call

Ph 0422675759

Cadet Journalist

Casterton News

FULL TIME

If you have recently completed Year 12 or a journalism degree, the Casterton News has an outstanding opportunity for a budding journalist to kick-off their career.

We have a full-time position available for the right person, where you will engage with the community and produce a weekly, comprehensive, local newspaper.

The successful applicant will have the opportunity to write on all topics relevant to the Western District, from local government and policing, to community and sporting events.

Some weekend work will be required.

A licence and own car is preferred.

Application including CV and examples of work should be sent to:

The Editor, Casterton News, email editor@castnews.com.au

Applications close Thursday, March 31, 2022.



equal opportunity employer

Casterton News

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